



# 13TH WBPf WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS & ANNUAL CONGRESS

6TH TO 12TH DECEMBER 2022 - PHUKET - KINGDOM OF THAILAND

Organized By: Thailand Bodybuilding And Physique Sports Association  
Under The Umbrella Of The World Bodybuilding And Physique Sports Federation  
Approved And Sanctioned By: Sports Authority Of Thailand And National Sports Development Fund  
Under The Supervision Of Ministry Of Tourism And Sports, Recognized By: National Olympic Committee Of Thailand

## TENTATIVE DAILY PROGRAM

| 06 <sup>TH</sup> DECEMBER, 2022 (TUESDAY)   |  |
|---|--|
|   | Arrival of the Executive Committee members of WBPf, all participating teams, officials together with WBPf Standing Sub-Committee members.  |
| 12.00 PM ONWORDS                            | Check-in at Two (2) hotels :<br>(a) Dara Hotel for all Executive Council Members and Teams allocated to stay at this hotel. You will pay the registration fees at this hotel to the staff of the Thailand Bodybuilding & Physique Sports Association (TBPA).<br>(b) The Travelodge Phuket Town for all other teams. Registration fees to be paid to the staff of the Thailand Bodybuilding & Physique Sports Association (TBPA) at the Registration Desk stationed at this hotel.<br><br><i>(You will be notified in which hotel you shall be accommodated upon receipt of your Final Entry Form.)</i> |
| 12.00 PM - 02.30 PM                         | Lunch for all will be served at their respective Hotels on 6 <sup>th</sup> December, 2022, provided the number of athletes & officials are informed in advance, otherwise, there will be no lunch served for those who fail to abide by this rule.   |
| 06.30 PM – 08.30 PM                         | Dinner for all will be served at their respective Hotels:<br>(a) Dara Hotel – Café & Bistro at M Floor<br>(b) Travelodge – Café & Restaurant at Ground Floor   |
| 07 <sup>TH</sup> DECEMBER, 2022 (WEDNESDAY) |  |
| 06.30 AM - 09.30 AM                         | Breakfast for officials and athletes at the respective Hotels  |
| 08:30 AM                                    | The Buses will leave from Travelodge to Dara hotel for Judges and Team Managers Meeting at Dara Hotel. Those who are staying at Travelodge please assemble at hotel lobby at 8:30 am for transfer.   |
| 09.30 AM - 10.30 AM                         | Team Managers Meeting at Dara Theatre, Dara Hotel, Lobby Level.  |
| 10.30 AM - 11.30 AM                         | Judges Meeting at Dara Theatre, Dara Hotel, Lobby Level.   |

**THAILAND BODYBUILDING & PHYSIQUE SPORTS ASSOCIATION**

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| 12.00 PM – 02.30 PM                              | Lunch will be served at their respective hotel. Buses will leave from Dara Hotel to Travelodge for those who are staying at Travelodge.  |
| 03.00 PM ONWARDS                                 | WBPF Executive Council Meeting at Dara Audition - Dara Hotel M floor. Only WBPF Executive Members are required to attend including Chairman & Secretary of each Committee.   |
| 06.30 PM – 08.300 PM                             | Welcome Dinner at Yan Long Chinese Restaurant at Royal Phuket Hotel for Executive Council Members ONLY. All Executive Members please assemble at the Dara Hotel lobby at 6:30 pm for transportation. Delegates and athletes will have dinner at their respective Hotels. |
| <b>08<sup>TH</sup> DECEMBER, 2022 (THURSDAY)</b> |  |
| 06.30 AM - 09.30 AM                              | Breakfast for officials and athletes at the respective Hotels  |
| 08.30 AM - 12.00 PM                              | WBPF Annual Congress at Dara Theatre, Dara Hotel Lobby Level. Buses will pick up those who are staying at Travelodge at 8.30 am to Dara Hotel.<br><b>ALL DELEGATES MUST ATTEND THE CONGRESS. IT IS COMPULOSRY.</b>   |
| 12.00 PM - 02.30 PM                              | Lunch for all officials and athletes at the respective Hotels. Buses will transfer those who are staying at Travelodge for lunch.  |
| 2.00 PM  | Buses will leave for delegates & athletes who are staying at Travelodge to Dara Hotel for Weigh-in.  |
| 03.00 PM ONWARDS                                 | Weigh-in of all Body Weight Categories and Height Measurements and Checking of Age Groups at Dara Audition, Dara Hotel M floor.  |
| 06.30 PM – 08.30 PM                              | Dinner for Executive Members hosted by WBPF President Datuk Paul Chua at the Sriwara Italian Restaurant. Please assemble at the Dara Hotel Lobby at 6.30 for transportation. Dinner for delegates & athletes will be served at their respective hotel.                   |
| <b>09<sup>TH</sup> DECEMBER, 2022 (FRIDAY)</b>   |  |
| 06.30 AM - 09.30 AM                              | Breakfast for the officials and athletes at the respective Hotels  |
| 08.30 AM   | Buses from respective Hotels will bring delegates and athletes to the Competition Venue at Central Phuket for Pre-judging & Finals.  |
| 09.30 AM   | Prejudging & Finals at Central Phuket 3 <sup>rd</sup> floor.   |

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|--|---|
|  | <p><b>TOTAL OF 17 EVENTS</b></p> <ul style="list-style-type: none"> <li>• Men's Junior Bodybuilding up to 75kg, over 75kg (2 Categories)</li> <li>• Men's Bodybuilding 55kg, 60kg, 65kg, 70kg (4 Categories)</li> <li>• Women's Junior Fitness Physique age not over 21years (Open Category)</li> <li>• Women's Junior Model Physique age not over 21 years (Open Category)</li> <li>• Women's Fitness Physique up to 160cm, up to 165cm, over 165cm (3 Categories)</li> <li>• Women's Bodybuilding Open categories (Open Category)</li> <li>• Men's Master Bodybuilding 40-49 years – (Open Category)</li> <li>• Men's Master Bodybuilding 50-60 years (Open Category)</li> <li>• Men's Master Bodybuilding Over 60 years (Open Category)</li> <li>• Men's Fitness Physique up to 170 cm, over 170 cm (2 Categories)</li> </ul> <p><i>(Lunch will be provided ONLY at their respective hotel from 12 pm to 2.30 pm. Shuttle Bus will transfer all participants to and from venue to their respective hotel.)</i></p> |
| 03.00 PM   | Opening Ceremony and March-Past Parade  |
| 04.00 PM   | Final Round & Prize Distribution  |
| 07.00 PM - 10.00 PM                              | Dinner for officials and athletes at the respective Hotels  |
| <b>10<sup>TH</sup> DECEMBER, 2022 (SATURDAY)</b> |   |
| 06.30 AM - 09.30 AM                              | Breakfast for the officials and athletes at the respective Hotels   |
| 08.30 AM   | Buses from respective Hotels will bring delegates and athletes to the Competition Venue at Central Phuket for Pre-judging & Finals.   |
| 09.30 AM   | <p>Prejudging &amp; Finals at Central Phuket 3<sup>rd</sup> floor.</p> <p><b>TOTAL OF 16 EVENTS</b></p> <ul style="list-style-type: none"> <li>• Men's Bodybuilding 75kg, 80kg, 85kg (3 categories)</li> <li>• Women's Model Physique up to 155cm, 160cm, 165cm, (3 categories)</li> <li>• Men's Sport Physique up to 170cm, 175cm, 180cm over 180cm (4 categories)</li> <li>• Women's Sport Physique up to 165cm and over 165cm (2 categories)</li> </ul>  |

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|  | <ul style="list-style-type: none"> <li>Men's Athletic Physique up to 160 cm, 167 cm, 175 (3 categories)</li> <li>Mixed Pairs (Open Category)</li> </ul> <p><i>(Lunch will be provided ONLY at their respective hotel from 12 pm to 2.30 pm. Shuttle Bus will transfer all participants to and from venue to their respective hotel.)</i></p>   |
| 03.00 PM                                       | Final Round & Prize Distribution   |
| 06.30 PM – 08.30 PM                            | Dinner for officials and athletes at the respective Hotels   |
| <b>11<sup>TH</sup> DECEMBER, 2022 (SUNDAY)</b> |  |
| 06.30 AM - 09.30 AM                            | Breakfast for the officials and athletes at the respective Hotels  |
| 08.30 AM                                       | Buses from respective Hotels will bring delegates and athletes to the Competition Venue at Central Phuket for Pre-judging & Finals.  |
| 09.30 AM                                       | <p>Prejudging &amp; Finals at Central Phuket 3<sup>rd</sup> floor.</p> <p><b>TOTAL OF 9 EVENTS</b></p> <ul style="list-style-type: none"> <li>Men's Bodybuilding 90kg, 100kg, over 100kg (3 categories)</li> <li>Men's Athletic Physique up to 182 cm, over 182 cm (2 categories)</li> <li>Women's Athletic Physique up to 165 cm, over 165 cm (2 categories)</li> <li>Women's Model Physique up to 170cm and over 170cm (2 categories)</li> </ul> <p><i>(Lunch will be provided ONLY at their respective hotel from 12 pm to 2.30 pm. Shuttle Bus will transfer all participants to and from venue to their respective hotel.)</i></p> <p>Prejudging &amp; Finals (continuation)</p> <ul style="list-style-type: none"> <li>Overall Championship</li> <li>Men's Team Championship</li> <li>Women's Team Championship</li> </ul> |
| 05.00 PM                                       | Closing Ceremony & Final Prize Distribution  |
|  | Farewell Party for all the Athletes, Officials, Delegate & Supporters At Cafe & Bistro, Dara Hotel M floor.  |

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| 12 <sup>TH</sup> DECEMBER, 2022 (MONDAY) |   |
|--|---|
| 06.30 AM – 09.30 AM                      | Breakfast for officials and athletes at the respective Hotels |
| 12.00 PM                                 | Departure.  |
|  |   |

**NOTE : MEAL COUPONS WILL BE ISSUED AND IT IS NOT TRANSFERRABLE FROM ONE HOTEL TO ANOTHER. ALL COUPONS WILL BE REGISTERED AS PER THEIR ROOM NUMBERS.**

## : HOTEL ADDRESSES AND CONTACT DETAILS :

**DARA HOTEL :** 14/18. 14/21 WICHIT, MUEANG PHUKET DISTRICT, 83000 THAILAND.  
CONTACT NOS: +66 76 612 846 - 48

**TRAVELODGE PHUKET TOWN:** 159 WICHIT, MUEANG PHUKET DISTRICT, 83000, THAILAND  
CONTACT NOS: +66 76 211 699 / +66 93 574 8735

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